



# BabyEtte



## Front Wrap, Cross-Carry Tutorial



Find the middle of your wrap (where the tag is) and hold it to your chest. Bring the ends behind your back, then up and over the opposite shoulder, forming an 'X'. Let each tail drape in front.

Put your baby on your shoulder like you are going to burp him. Slide him down into the horizontal piece of fabric. Baby should be positioned high on your chest, with his **tummy touching your body**. His **legs should be bent** and his **knees will be higher than his bottom**. Tuck some of the fabric under his bottom.

Tighten the wrap by pulling on the edges of the fabric (rails). Pulling the outside edge will tighten the bottom of the horizontal fabric. Pulling the inside edge, closest to your neck, will tighten the top of the horizontal fabric. **Make sure the rails on the horizontal section are tight enough to support the baby without additional support.** Tighten the left side while holding the baby with your right hand, then switch hands & repeat on the other side.

Cross the tails under the baby's bottom (for an older baby, cross between the legs). Tie in back or wrap fabric around your waist until you run out of fabric and tie in a square knot. Spread the front rails across baby's back for additional support.

Adjust shoulders for comfort: Either let them drape down your arms, or bunch them up over your shoulders.



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